

Welcome to Health and Social Care Insights

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Recent Research Shows Few Over 65s Feel Old, Yet Half Object to Ageism

Among respondents, almost half (47%), complained of ageism. Furthermore only 6% of over -65s describe themselves as 'old' and only one in three has given serious thought to future care they may require...

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Market Research Finds Two-Thirds of Nurses have Considered Resigning

A research survey of 10,000 staff found that two-thirds (62%) had thought about leaving their job because they were under too much pressure. Furthermore, three-fifths (61%) felt unable to give patients the care they would want to because they were too busy, while four-fifths (83%) believed that their workload had...

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Study Reveals Diabetes is Best Fought with Fruit Not Fruit Juice

Researchers from the UK, Singapore, and the US used the data from three large studies of nurses and health professionals in the US to examine the link between fruit consumption and the risk of developing type-2 diabetes. In these studies, 6.5% of participants (12,198) developed type-2 diabetes...

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